IN THE SPECIFICATION

Please amend the specification as follows:

The paragraph beginning at page 16, line 27 is previously amended. The previously amended paragraph is further amended as follows:

The plate structure 130' comprises a generally flat structure, except as described below. The plate structure 130' is coupled with the support structure 110', in a number of manners, for instance, by adhesive 132 or by a mechanical fastener, such as a screw, threaded component, nail, bolt, clip, or any combination of these. The plate structure 130' is defined in part by a footprint which is optionally substantially the same as a footprint of the support structure. In another option, the plate structure footprint is smaller that the support structure footprint, as discussed in above-discussed embodiments. Alternatively, the plate structure 130' is at least slightly larger than the support structure 110', which assists in protecting the support structure 110' from animals such as birds eating away at the support structure 110'. Furthermore, it also assists in protecting the support structure 110' from exposure to harmful UV rays. In another option, the plate structure 130' includes a first side [[134]] 156 and a second side [[136]] 154 that at least partially extend over sides of the support structure 110', one example of which is illustrated in Figure 17B.

The paragraph beginning at page 17, line 12 is previously amended. The previously amended paragraph is further amended as follows:

The plate structure 130' optionally further includes a depression 144 therein. The depression 144 of the plate structure 130' is sized and positioned to be disposed, at least partially, within the recess 112' of the support structure 110'. The depression 144 is defined in part by two side edges 146, 148, and in one option forms an elongate coupling member [[156]]. It should be noted that the elongate coupling member [[156]] can be associated with the plate structure 130' in other ways. For example, the elongate coupling member [[156]] can be disposed above the

top surface of the plate structure. The depression 144 is optionally deep enough to form a strut therein. Flanges 142 extend adjacent and/or into the depression 144 to further assist in forming a strut-like structure with the depression 144. Members such as clamps are further optionally included, as discussed above. The members such as clamps are adapted to support an elongate structure therein or thereon. The types of clamps which can be used with the support device includes, but is not limited to, pipe claims cable clamps, electrical fittings, saddles, brackets, spring bolts, beam clamps, and roller clamps.